

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respondence)	nses)							
1. Name and Address of Reporting Person <sup>*</sup> – White Billy Joe			2. Date of Event Requiring Statement (Month/Day/Year) 05/23/2022		3. Issuer Name and Ticker or Trading Symbol ProPhase Labs, Inc. [PRPH]			
711 STEWART	(First) AVENUE, S	(Middle) UITE 200	0312312022		4. Relationship of Reporting Person(s) to Issuer		n(s) to	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street) GARDEN CITY, NY 11530					(Check all applicable) Director 10% Owner Officer (give title below) below; Chief Financial Officer			6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Beneficially Owned					
1. Title of Security (Instr. 4)				2. Amount of See Beneficially Own (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Natur (Instr. 5	e of Indirect Beneficial Ownership )

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 4)	2. Date Exer Expiration I (Month/Day/Ye	Date	Securities Underlying Derivative Security		4. Conversion or Exercise Price of Derivative	Form of	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Stock Option (Right to Buy) (1)	<u>(1)</u>	05/09/2029	Common Stock, par value \$0.0005	400,000	\$ 6.74	D	

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
White Billy Joe 711 STEWART AVENUE, SUITE 200 GARDEN CITY, NY 11530			Chief Financial Officer			

## Signatures

/s/ Billy Joe White	05/23/2022	
**Signature of Reporting Person	Date	

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock option granted as an inducement award. The option will vest over a four year period, with 12.5% vesting every six months after May 23, 2022, the date the Reporting Person's employment commenced, contingent upon his continued service through each vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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