FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Karkus Ted William				2. Issuer Name and Ticker or Trading Symbol ProPhase Labs, Inc. [PRPH]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director10% Owner				
(Last) (First) (Middle) 621 N. SHADY RETREAT ROAD				3. Date of Earliest Transaction (Month/Day/Year) 12/15/2010						X Officer (give title below) Other (specify below) CEO & Chairman					
(Street) DOYLESTOWN, PA 18901				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(Ci		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
(Instr. 3)		2. Transaction Date (Month/Day/Year	2A. Deemed Execution Date any (Month/Day/Ye		ed 3 Date, if	3. Tra	nsaction 4	Securities Acca, or Disposed nstr. 3, 4 and 5	quired of (D) Ow Tra (Ins	ired 5. Amount of S		neficially 6.	wnership of orm: Be irect (D) Ov Indirect (Ir	Beneficial Ownership	
Reminder:	Report on a s	separate line for each	class of securities b	peneficia	lly o	wned dire	ctly o								
								in this f	s who respor orm are not r ntly valid OM	required to	respond ι				74 (9-02)
			Table II						sed of, or Ben		ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ion Date ise (Month/Day/Year) ve	Execution Date, if		Transaction Deriva Code Securi (Instr. 8) Acquir		mber of attive Expiration (Month/I posed of 3, 4,		E Exercisable and 7. tion Date of h/Day/Year) Se		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Security: Direct (D) or Indirect	Beneficial
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Option		12/15/2010		A		600,000		<u>(1)</u>	12/15/2017	Commoi	600,000	\$ 0	600,000	D	

Reporting Owners

		Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Karkus Ted William 621 N. SHADY RETREAT ROA DOYLESTOWN, PA 18901	AD X		CEO & Chairman					

Signatures

/s/ Ted Karkus	12/15/2010
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transaction reported in this row involves a grant by the Issuer to the Reporting Person of options to purchase the Issuer's common stock that will vest in six equal annual installments beginning December 15, 2011, as detailed in a stock option award agreement by and between the Issuer and the Reporting Person, dated as of December 15, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.