FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)										•				
1. Name and Address of Reporting Person* GLECKEL LOUIS MD				2. Issuer Name and Ticker or Trading Symbol ProPhase Labs, Inc. [PRPH]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 621 N. SHADY RETREAT ROAD				3. Date of Earliest Transaction (Month/Day/Year) 10/01/2019						Office	er (give title belo	ow)	Other (specify b	elow)		
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
DOYLESTOWN, PA 18901 (City) (State) (Zip)					Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution any	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		(A) or Disposed of (D) (Instr. 3, 4 and 5)		of	Beneficia	at of Securities Illy Owned Following Transaction(s)		Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						(Code	V	Amou	or (D)	Price				(Instr. 4)	
Common \$0.0005	Stock, pa	r value	10/01/2019				A		5,740 (1)	Δ	\$ 1.96	104,330)		D	
			Table II -				cquire	the fo	orm dis	splays a of, or Ber	curre reficia	ently valid	OMB conf	spond unle trol numbe	ss	1474 (9-02)
	I.	l		e.g., puts,	calls, v	1	ts, opt								2 42	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution Da	Code	if Transaction Number of		(Month/Day/Year vative rities ired r osed) : 3,		on Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficia Ownershi (Instr. 4)	
				Coo	le V	(A)		Date Exerc	risable	Expiratio Date	n Titl	Amount or Number of Shares				

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
GLECKEL LOUIS MD 621 N. SHADY RETREAT ROAD DOYLESTOWN, PA 18901	X						

Signatures

/s/ Louis Gleckel, MD	10/03/2019			
**Signature of Reporting Person	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares of common stock were issued under the 2010 Directors' Equity Compensation Plan, as amended, pursuant to an election by the Reporting Person to receive shares of common stock of the Issuer in lieu of a cash payment for quarterly director fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.